From first impressions to long-term impact, here's what you need to know to stand out and stay authentic.

- It's Not Just for Influencers: Everyone has a personal brand, whether they actively manage it or not.
- Your Brand Lives Beyond Social Media: It's in how you show up, speak, and even send emails.
- Consistency Beats Perfection: Being authentic and showing up regularly matters more than a flawless image.
- Your Style Speaks Louder Than You Think: From your wardrobe to your Zoom background, your visual identity is part of your brand.
- It's a Long Game, Not a Sprint: Building a personal brand takes time, but the rewards compound with consistency.
- People Will Judge Quickly: Snap judgments are real—first impressions stick, so make them count.
- You're Your Biggest Advocate: If you don't promote yourself, no one else will.
- It's OK to Evolve: Your brand will shift as you grow.
  Embrace the change and update accordingly.
- The 'Why' Is Your Secret Weapon: Your purpose is the foundation of a brand people trust and connect with.